

# BCHA JOURNAL

BCHA Newsletter, Volume 1: March/April 2016



## PICTURE PERFECT

This cute mini horse, owned by Lois, "nose" that spring is right around the corner.

## DON'T MISS

**MARCH 1:** Monthly meeting, youth night. Presentations by FFA, 4-H and more. Dinner provided.

**MARCH 26:** Annual spring tack sale. Free to shop, \$10 for a table. Clean out your barn and make some extra cash!

**APRIL 5:** Monthly meeting, Vet Night: Dr. Hecking of Blue Ridge Equine Clinic — Pre-Purchase Exams

**APRIL 30:** Spring Lunch & Learn at Green Hill Park Equestrian Center.

## PRESIDENT'S NOTE

I hope everyone has had a decent winter. Getting through the mud and snow and surviving the wind and other weather-related elements that hit us horse-folks so hard! I, personally, will be glad to see the green grass and warm sunshine of spring, as I'm sure you will.

Spring reminds us all of renewal. I am a spring "baby," born on the first day of spring, and I love spring because of this sense of renewal. Renewal, hope, new birth (new foals!) — Easter — being grateful for all that I am given (including getting through another winter)! All of these gifts become more special as I get older because I realize how precious they really are.

So my message this time is for everyone to remember and be grateful. I think we all get caught up in our everyday lives, worries, fears, and responsibilities, and it is easy to forget "spring" in our life. Every day is a renewal, and every hour is a gift. We are so blessed because we not only have these gifts but the gift of a great passion in our lives that has sustained us through difficult and tragic events — we can go ride!

We have each other. We have our beautiful horses to ride, to hug, to clean, to work for, and to enjoy in each other's company or by ourselves. We are so blessed, and we are so lucky!

I would like for each of us to remember each passing day our blessings, and especially our shared and common blessing, so that we can remember to treat ourselves and others with kindness and respect and with a sense of "spring." Be forever grateful for all we have.

We are truly blessed.  
See you at our meeting!

— Debbie Mooty, BCHA President



## 2016 OFFICERS

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## BOARD

**JoAnn Dester**, tack sale manager

**Dedi Spradlin**, speaker coordinator

**Tammi Nichols**, Green Hill/VHC

**Tina Haxton**, membership chair

**Diane Deffenbaugh**, media

**Charlotte Dietz**, youth liaison

## PICTURE PERFECT

One of Carol Bernstein's horses tosses his head into the wind as snow starts to fall.



**CALORIE COUNTER:** Average caloric values of common feed stuff found in the equine diet

Feed	Calories per pound
Green pasture	245
Timothy Hay	804
Orchard Grass Hay	872
Alfalfa Pellets	970
Alfalfa Hay	977
Beet Pulp	1,059
Premium Oats	1,250
Corn	1,536

# WOUND CARE: THINGS YOU SHOULD AND SHOULD NOT PUT ON A HORSE'S WOUND

**H**orse owners and veterinarians have been treating equine wounds for centuries. After all, horses are unabashedly practiced at the art of sustaining wounds. Over the years we've tried many different wound ointments and salves, cleansers and dressings, but not all of them are backed by evidence of safety and/or efficacy.

So Dean Hendrickson, DVM, MS, Dipl. ACVS, professor of equine surgery at Colorado State University, in Fort Collins, went back to basics, describing effective and ineffective wound-cleaning agents to an audience of veterinarians at the 2015 Annual American Association of Equine Practitioners Convention, held Dec. 5-9, in Las Vegas.

Although our intentions are good, "most wound-cleaning agents and techniques will cause chemical or mechanical trauma to the wound bed," he said. "Weigh the benefits of cleaning the wound against the trauma that agent will cause."

In other words, ask yourself: Is that cleaning agent ultimately going to speed up or retard wound-healing?

Before applying anything, however, clip the hair around the wound to prevent it from contaminating the area. Then, use sterile gauze to very gently scrub the wound. "If gentle scrubbing doesn't work, use a different technique," said Hendrickson. "Don't scrub harder."

One approach is saline lavage to remove surface debris—"One of the best things we do," he said. Again, don't use much pressure; a gentle showerhead-type sprayer works well.

Hendrickson then delved into the common topical treatments we apply to wounds and which ones are safe to use.

## SALINE

Hendrickson referenced saline again and again throughout his presentation as one of the most simple, yet effective, wound-cleaning agents. Hypertonic saline, in particular, is very effective for debriding (removing surrounding dead, damaged, or infected tissue) while lavaging and for reducing bacteria in the wound. It does have the ability to damage normal cells, as well, he cautioned, so use it only in infected wounds.

## POVIDONE IODINE (PI)

While povidone iodine has been used extensively in equine wound care, Hendrickson cited several studies showing that it causes tissue necrosis, impairs healing, and leads to increased infection. "Consequently, PI should only be used around the wound over intact skin and never in the wound itself," he said.

## CHLORHEXIDINE

Hendrickson explained that chlorhexidine has low systemic toxicity, but studies have shown little evidence of its safety and efficacy reducing bacterial numbers without causing wound trauma. It also causes tissue necrosis and bacteria regrowth, he said.

## HYDROGEN PEROXIDE

Popular for its effervescent activity, which can convince the user it's thoroughly working, hydrogen peroxide has few beneficial or negative effects. "Its antimicrobial properties are probably greatly overestimated," said Hendrickson.

## ACETIC ACID (VINEGAR)

"There is science behind using common

distilled vinegar, even though most people don't consider it," he said. "Its low pH is not compatible with certain bacteria like *Pseudomonas*," meaning it can be effective against this common disease-causing pathogen.

He suggested using this agent as a 15-minute gauze soak or compress per day and then rinsing with saline.

## SURFACTANT-BASED CLEANSERS

Hendrickson explained that these cleansers are minimally toxic and irritating, but not necessarily nontoxic. "They are very effective on minimally contaminated wounds and should be applied, allowed to sit for 1 to 2 minutes, rinsed off, and reapplied as necessary," he said.

## TOPICAL ANTIBIOTICS

Drugs in this class are effective at reducing bacterial numbers, but their overuse contributes to antibiotic-resistant microbes. Thus, Hendrickson suggested using them for only one to two weeks and choosing one you have confirmed the infecting pathogen has sensitivity to. Common topical antibiotics for wound care include:

### ■ Silver

Several studies have shown the efficacy of this antimicrobial agent. It most commonly comes in the form of silver sulfadiazine cream, but it is also available in a dressing form. Hendrickson said silver also contributes to less exuberant granulation tissue than other ointment options.

### ■ Nitrofurazone

He emphasized that there's not a single positive study about this common topical antibiotic and, in fact, it might even retard healing. "Don't put it in open wounds," he said bluntly.

### ■ Triple Antibiotic Ointment

This product, used since the 1950s, still has good bacterial susceptibility and many studies (although primarily in humans) have confirmed its efficacy. "Along with silver, it's one of the best topical agents available to use in a wound," he said.

### ■ Honey

Honey derived from plants like the Manuka bush have an antimicrobial effect. Just remember that not all honeys are created equal and to only apply ones that have antimicrobial benefits to wounds.

## DRESSINGS

Hendrickson described a variety of dressings that serve different purposes. Debridement dressings, for instance, are designed to remove bacteria and necrotic tissue from the wound. Gel dressings are designed to encourage moist wound healing in dry wounds. "We know moist wounds are healthy wounds," he said. Granulation tissue dressings help encourage proper wound healing and contraction when the wound is lacking granulation tissue. And epithelialization dressings help finish off the wound healing process.

## TAKE-HOME MESSAGE

In summary, Hendrickson encouraged us to forget what we've heard about "magical cleansers" purported to heal wounds and, to take a line from human medicine, "Don't do to a wound what you wouldn't do to your own eye."

Saline, surfactant-based wound cleansers, silver, and triple antibiotic ointment are the few things we should put in wounds, he said.

# 2016 BCHA CALENDAR

**January 5:** General Membership Meeting, 7 p.m., Bellacino's - Daleville: *Yoga for the Equestrians*

**February 2:** General Membership Meeting, 7 p.m., Bellacino's - Daleville: *Rockingham Coop.*

**March 1:** General Membership Meeting, 7 p.m., Bellacino's - Daleville: *Youth Night (Local 4-H and FFA presentations) Member Pizza Party!!!*

**March 26:** Spring Tack Sale - VFW - 9am - 1 p.m. (See flyer for more details.)

**April 5:** General Membership Meeting, 7 p.m., Bellacino's - Daleville:

**April 30:** Lunch and Learn, Green Hill Park Equestrian Center, gates open 8:30 a.m. \$10 for members. (See flyer for more details.)

**May 3:** Farm Member Meeting, 6:30 p.m., *Tips from the Farrier* - Eric Hilgartner, CF of Windover Equine Services. Location to be announced.

**June 7:** Farm Member Meeting, 6:30 p.m. Topic & location to be announced.

**July 13:** BCHA Evening Fun Horse Show, Green Hill Park Equestrian Center, gates open 4:30 p.m.

**August Social:** Date and location to be announced

**August 6:** Pony Rides at the Botetourt County Fair, Buchanan-volunteers needed

**September 6:** General Membership Meeting, 7pm, Bellacino's - Daleville

**October 1:** Fall Lunch & Learn, Green Hill Park Equestrian Center

**October 4:** General Membership Meeting, 7 p.m., Bellacino's - Daleville

**November 1:** General Membership Meeting, 7 p.m., Bellacino's - Daleville: *Members Night: networking and election discussion*

**December 3:** Middleburg Christmas Parade — Carpool leaves Park & Ride at 8:30 a.m. More info to come.

**December 10:** Buchanan Christmas Parade

**December Holiday Party:** Date and location to be announced

*Whispering Oaks Ranch*  
*Proudly Presents....*  
**FWR Invaders Image**



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*3680 Timber Ridge*  
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*540-473-1422*

**Saddles 'n Stuff**  
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**Thursday, March 31, 2016**

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This sale does not include consignments, wormer or special orders. The sale only includes items in stock.



# BCCHA's Annual Horse Tack 'n Trade Sale

If you have something to SELL...or looking to BUY...

The BCCHA Tack 'n Trade is the place to be...



Date: Saturday, March 26, 2016 Rain or Shine

Time: 9:00 a.m. to 1:00 p.m. (Sellers set up at 8:00 am)

Place: VFW in Daleville, VA on Route 220



Cost: \$10 to rent a table to sell your goods or service (registration required)



## Free to come shop ~ Open to the public

**Calling all sellers!** Clean out your barn and sell your used tack and apparel. Sell or market your equine service from training, lessons, stabling, breeding, horses for sale, etc. Sell items you make that appeal to the equine enthusiast from jewelry, apparel and more.

EVERYTHING EQUINE is welcome!!

**Registration for sellers is required! Space is Limited . Registration Deadline : March 19, 2016.**

For more information contact: JoAnn Dester 540-473-1422 or E-mail [Whisperingoaksranch@yahoo.com](mailto:Whisperingoaksranch@yahoo.com)

Sellers: Complete registration form , enclose payment ( checks payable to BCCHA; No refunds for no shows)

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First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Table will sell: \_\_\_\_\_

Number of tables needed @ \$10 each: \_\_\_\_\_ Amount enclosed: \_\_\_\_\_

Mail to: BCCHA c/o JoAnn Dester, 3680 Timber Ridge, Buchanan VA 24066



# ALL OF THIS MUD IS MORE THAN JUST A MESS; IT CAN AFFECT YOUR HORSE'S HEALTH

RoanokeEquestrian.com

While many were dreaming of a white Christmas, nature had another color in mind this year. Instead of fluffly white flakes, the holidays came with warm weather and plenty of rain. In stables all across the area, that means pastures of mud. That's enough to make many horsemen actually start wishing for colder weather. At least it will be frozen! Nothing makes going to the barn less enjoyable than wading through the slop to do the daily chores. Pushing a heaping wheel borrow through 6 inches of mud? There's nothing much more jolly. But beyond the inconvenience and mess, mud can spell deeper problems.

## HEALTH CONCERNS CAUSED BY MUD

For a horse, mud can be an unhealthy environment. Bacteria and fungi live in mud and can cause abscesses, scratches, rain scald and thrush. Scratches, grease heel, mud fever, rain scald and rain rot all share something in common: They are horsemen's terms for one disease: dermatophilosis. When dermatophilosis strikes the pasterns, horsemen often call it scratches or grease heel; when it affects the horse's body, they may call it rain rot, rain scald and mud fever.

Dermatophilosis is characterized by scaly, crusty, scabby skin, and it's a particular problem for horses that are exposed to moisture and muck for extended periods. While every horse has the potential to be affected, those with white legs, those with either long hair or sparse hair on their cannon bones and fetlocks, and those that are turned out in the elements and not groomed every day are the most susceptible.

Bacteria may also find their way into the skin through minor wounds and cause cellulitis. Horses with cellulitis experience swelling and heat in an infected leg. They will show signs of pain and lameness and often have a 102- to 104-degree fever. The fever is important to differentiate cellulitis



from a run-of-the-mill lameness. Horses with severe infections will go off feed and show signs of serious discomfort. Their legs become extremely sensitive with inflamed blood vessels. Although cellulitis isn't a mud-related disorder, mud compromises the skin's protective barriers against bacteria and keeps wounds soft and open.

In addition to bacteria concerns, muddy pastures also provide mosquitoes and flies a place to breed. Feeding on muddy ground can cause dirt or sand particles to be ingested, which can lead to sand colic. And of course injuries to the horse and humans can result from the slippery footing. Deep mud can cause injuries like bowed tendons and can also be tough on horses with arthritis.

## 5 HOOF PROBLEMS CAUSED BY MUD

**Softening Hoofs:** When horses have their hooves in wet and muddy conditions, their soles begin to soften. This softening is one of the horse hoof problems that can cause a series of issues, including making their hooves sensitive and more likely to bruise.

**Lost Shoes:** But contrary to what many horse riders assume, the mud does not suck off the shoe. Instead, it causes the horse

to pull it off on its own. When a horse slips in the mud, it keeps its front foot on the ground to attempt to reestablish its footing. The horse's back hoof steps on the heel of the front one and then pulls off the shoe, once the front foot is picked up.

**Abscesses:** Bacteria thrives in moist conditions, allowing it to invade your horse's hoof and work its way towards the sensitive parts of the hoof. It then gets trapped inside the hoof, where it continues to multiply. Sudden limping or showing other signs of lameness should be watched for. There may be some swelling on the horse's leg that has an infected hoof.

**White Line Disease:** This disorder is also known as seedy toe, hoof or stall rot, hollow foot, yeast infection, Candida and wall thrush. White Line Disease is a fungal infection which happens when the inner hoof wall separates, creating a hole or crack on the sole. The bacteria will invade through the crevice and begin to eat away at the foot's The specific bacteria associated with this disease is anaerobic, meaning it lives without oxygen.

**Thrush:** When mud gets packed into a horse's foot, bacteria from the mud begins to establish itself there. While it eats away at the hoof's tissue, the bacteria also

creates an infection with visible discharge. While White Line Disease appears white and dry, thrush in horses shows itself as a dark, gooey substance with a rancid odor. It resides in the grooves within a horse's frog and in cracks of the hoof.

## STABLE UPGRADES

- Use gutters and downspouts to redirect water. Use collection systems such as rain barrels, cisterns and rain gardens.

- Build up high traffic areas with some sort of footing such as chipped wood, gravel or course sand to keep horses up out of dirt and allow rainwater to drain through. (Gravel should be no larger than ¾") Use at least 3 inches of footing or more. If you already have a lot of mud, put footing in at least a 1:1 ratio (for 6 inches of mud, you'll need at least 6 inches of footing.)

- If possible, keep horses inside following a rain to allow pens to dry out a little.

- Create a sacrifice or high-use area to keep horses off the pasture. Use this area during rainy/wet periods or whenever the rest of the pasture needs a rest from grazing. Ideally, pasture grasses should not be allowed to be eaten below 3 inches of growth.



## Exercising Your Horse in Winter

When exercising your horse in cold weather, it is important to warm the horse up (a 10 minute walk followed by stretching is suggested) and cool the horse down (another 10 minutes at a walk followed by stretching is suggested here) to prevent stocking and tying up of the legs. It is also very important ensure that you keep them warm and dry following your ride. Horses sweat during exercising and this is no different in the winter, but it can be far more dangerous. Allowing your animal to remain wet after a ride can lead to skin conditions at best and hypothermia at worst. It is very important to use a clean, dry towel to clean the sweat from your horse, wiping down the entire body, paying close attention to the legs, especially the area between the front and hind legs. A sweat scraper can be very important if the horse is excessively wet. It is also important to maintain proper hydration and electrolyte levels during this period. As horses are less likely to drink in the winter, giving free choice salt is important, as it encourages drinking. Giving electrolytes in a second bucket is also important for maintaining proper levels in horses who are in winter work.



### **Drying Off**

To help your friend dry off, I recommend *Weaver Leather's* Polar Fleece Blanket. This product is an excellent triple-duty item. Its fleece construction allows it to act as a cooler, wicking the moisture away from his body and keeping his body warm in the meantime, protecting him from hypothermia. However, this blanket is also tough enough to act as a basic barn blanket for milder winter days, or under a turnout blanket for those days that are too cold for the turnout alone.

### **Electrolytes**

Though there are many electrolyte products on the market, I recommend using *Kentucky Performance Products' Summer Games Electrolyte Powder*. It is important to ensure that your electrolyte product is well balanced and salt based instead of being sugar based. Summer Games is a tried and true product from one of the leading supplement manufacturers in America. This product has been researched, balanced, and tested for optimal performance.



Article By:  
Jon Presson  
Contact: Scott Stevens  
Rockingham Cooperative

Disclaimer: These products are only suggestions. Owners should always seek the counsel of a veterinarian to determine if a specific product is right for their individual animal.



## Spring Lunch & Learn – April 30

Green Hill Park EQ. Center - Gate opens at 8:30 am

The BCHA Board would like to invite members, their guests, & the public to bring their equine pals to a Lunch & Learn; use the rings, open fields, water crossing, and cross country course at GHPEC. This is a great opportunity for inexperienced riders and horses! In addition to the great features of Green Hill, we will have trail obstacles and a 6 jump course open from 9am - 4:30pm. A schedule of clinicians is also in the works, more details to come. We hope you will join us... practice, play, try new things – share your knowledge with others.

- A waiver must be signed and negative Coggins presented upon arrival to participate.
- Riders 18 and under are **required** to wear helmets when mounted. Helmets strongly encouraged for ALL riders!
- All GHPEC rules & guidelines must be followed. DOGS must be on a leash! Horses too 😊
- Gates will be closed by BCHA at 5:30pm. GHPEC members are welcome to stay if they have the gate code.
- It's called Lunch & Learn for a reason...we're firing up the grill. 11:30am – 1:30pm. Get your big bag lunch! Hot dog – beef or turkey with all the fixin's, chips, cookie, fruit, and a drink are included\*!
- **RSVP not necessary, but appreciated - it does help us plan lunch - by April 26th!**

[BCHAHorseClub@gmail.com](mailto:BCHAHorseClub@gmail.com) or 540.293.7260 Jess

### **Fees for the day:**

*BCHA Members - \$10 for the day, includes lunch. (Must have active/paid membership as of **April 30**)*

*BCHA Member Guests - \$30 for the day, includes lunch and a year individual BCHA membership*

*General Public - \$35 includes lunch and a year individual BCHA membership*

### **Clinicians...**

**Western, Gaited, and Classical Dressage** – listen and learn or try out some actual new moves

Roanoke based dressage judge & trainer **Gabi Hooten** will offer an intro to dressage. Times to be announced.

**Natural Horsemanship Clinic** – control, confidence... on the ground and under-saddle. Start with the basics.

Coming in from Appomattox, natural horsemanship trainer and farrier **George Schaefer** will be offering a shortened version of his 4 hour program - it will contain an hour on the ground and one hour mounted. It will start at 9:30am and then repeat in the afternoon. More details to come. Observe or participate.

**Horse Jumping Critique** – 6 jumps, we set up the fences, you just jump - listen - jump again.

Local long time hunt seat competitor **Dedi Spradlin** will be offering jump critiques. Take advantage of a 6 fence course and a judge to give you some pointers. Jump, get a critique, ride the same fences again, quick final critique.

**Hunter Pace** – guided, safe, controlled learning experience on the cross country course.

Our BCHA President, Debbie Mooty will lead a group session. 60 minutes morning session - time to be announced. If enough interest a second session may be added.

Others in the works...Visit [www.BotetourtHorseClub.com](http://www.BotetourtHorseClub.com) for more details. *Full schedule posted by April. 1<sup>st</sup>.*

*\*Individual food items will be available for sale.*

*Restroom facility will be open.*

*Stalls are first come, first serve - \$15 each. Stalls MUST be cleaned out by 5:15pm - \$10 refund if clean.*

**In addition...we are offering a Tack Sale on site...** Bring your own table, tent, or tailgate. Advertise your items on our Facebook page before and after. \$5 claims your spot. No reservation necessary, please check in at the registration desk. Vendors and individuals are welcome to buy a spot. All [Tack Sale Spot](#) proceeds will go to the Roanoke Valley Horse Rescue Feed Fund.

Botetourt County Horseman's Association Lunch & Learn  
Saturday, April 30, 2016 - Green Hill Equestrian Park in Salem, VA

Our goal is to provide an educational, fun event for our members and the public at a very low cost. To allow local equestrians to explore Green Hill Park Equestrian Center and meet Virginia based clinicians at our event means they are more likely to visit GHPEC in the future and possibly hire local clinicians versus going out of state. Any profits will benefit our club, BCHA, as well as other selected local animal charities.

## Sponsorship Request:

We are asking for support as we prepare for our Lunch & Learn. We are asking for a tax deductible donation to help make our event affordable and profitable and therefore charitable. Thank you in advance for your support!

**\$20 Ring Sponsor** (listed on flyer as ring sponsor, sign on ring) - pick one Dressage Trail Obstacles  
Jump Ring Natural Horsemanship

**\$35 Clinician Sponsor** (listed on flyer as a clinician sponsor, sign on clinician's ring, recognition on the BCHA facebook page, 1/4 page ad\* on our website with a link for a year, 1/4 page ad in bi-monthly newsletter)  
pick one Dressage or Natural Horsemanship

**\$50 Lunch Sponsor** (listed on flyer as the lunch sponsor, banner at sign in table, recognition on the BCHA facebook page, 1/2 page ad on our website with link for a year\*, 1/2 page ad in our bi-monthly newsletter for a year\*)



Sponsors, please complete the form...

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Sponsor Level: \$20 \$35 \$50 Total: \$

Ring / Clinician: \_\_\_\_\_

Name as to appear on flyer: \_\_\_\_\_

Total Donation: \_\_\_\_\_ Signature of Sponsor: \_\_\_\_\_

BCHA Rep signature \_\_\_\_\_

Mail form and check to BCHA - PO Box 282, Daleville, VA 24083.

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BCHA Lunch and Learn April 30, 2016 - **Receipt for Sponsor** - we'll mail back for you to keep for your records

Donation of: \_\_\_\_\_ Date: \_\_\_\_\_

\*logos/ads can be sent to [bchahorseclub@gmail.com](mailto:bchahorseclub@gmail.com)

BCHA is a 501 (c) small tax exempt organization. Profits from the Lunch & Learn will benefit BCHA & other charities. Thank you for your kind support.

BCHA Rep Signature \_\_\_\_\_

\*Employer ID# Available upon request. Please contact Vice President Jessica Dahlgren, [BCHAHorseClub@gmail.com](mailto:BCHAHorseClub@gmail.com) for any additional information.

# BCHA MEMBER MEETING

## Youth Night!

Learn more  
about 4-H,  
FFA, and  
more!

March 1  
7 p.m.

Bellacino's  
Daleville

**Come early to dine with  
with us — pizza and  
beverages on us — short  
business meeting, then  
presentations.**



The Virginia Horse Council is your voice for the expanding equine industry in the Commonwealth of Virginia. The Council is a not-for-profit organization formed by horsemen for Virginia horsemen. The membership and Board of Directors represent all breeds. The purpose of the Virginia Horse Council is to promote and improve the horse industry in Virginia.

Our mission is to serve as the umbrella organization of the Virginia equine community and to serve as the lobbyist on issues affecting, horsemen, horsewomen and horses in the Commonwealth. This is a mission that your Virginia Horse Council Board of Directors takes seriously and is both committed to following and is dedicated to fulfilling.

888-HORSEVA (888-467-7382)  
info@virginiahorsecouncil.org



[www.MyHappyPlaceVA.com](http://www.MyHappyPlaceVA.com)

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**CALENDAR**

## MARCH

**Hollins Spring Welcome Horse Show**, March 3-6, Virginia Horse Center

**Tack Swap and Sale**, March 5, Hardy Central Baptist Church, Henrico, Va.

**Early Bird Coggins Clinic**, March 5, Liberty Lake Park, Bedford, Va.

**GHPEC Winter Series II**, March 6, Green Hill Park Equestrian Center, Salem, Va. (Will include a used tack sale)

**Breeding & Foaling Learning Day**, March 12, Buchanan, Virginia (Space limited to 25, register by emailing deb@amethystacres.com)

**Coggins/Rabies Clinic**, March 12, Ferrum

**Working Cow Horse Clinic**, March 12, Bedford, Va.

**Coggins/Vaccine Clinic**, March 12, Buckingham, Va.

**House Mountain Horse Show**, March 11-12, Virginia Horse Center

**Interscholastic Equestrian Association Zone 3 Championship**, March 12-13, Virginia Horse Center, East Complex

**Stephen Bradley Clinic**, March 12-13, Penmerryl Farm, Greenville, Va.

**Paint Nite benefiting Hoofbeats Therapeutic Riding**, March 17, Virginia Horse Center Mezzanine

**Green Hill Park Coggins Clinic**, March 19, Green Hill Park Equestrian Center, Salem, Va.

**SWVADA's Annual Equine Educational Sunday**, March 20, Flanagan Stables, Christiansburg

**AQHA Spring Breakout**, March 19-20, Virginia Horse Center

**Bridgewater College Horse Show**, March 20, Bridgewater College Riding Center, Weyers Cave, Virginia

**Paul Cronin Clinic**, March 20-21, Sweet Briar College, Va.

**Mountain State Rodeo Winter Series**, March 25-26, Virginia Horse Center

**Sweet Briar College Equitation Show**, March 26, Sweet Briar College Riding Center

**BCHA Annual Tack 'n' Trade Sale**, March 26, Daleville VFW

## APRIL

**Spring Valley Tack Sale**, April 2, Moneta, Va.

**Maury River Hunter Pace**, April 2, Virginia Horse Center

**Mounted Mapping & Orienteering**, April 2, Virginia Horse Center

**Lee Jackson Classic (ApHC)**, April 1-3, Virginia Horse Center

**Virginia Horse Festival**, April 1-3, The Meadow Event Park, Doswell, Va.

**Hollins University Annual Spring Show**, April 2-3, Hollins University, Roanoke, Va.

**Healing Strides Benefit Show**, April 3, Green Hill Park Equestrian Center, Salem, Virginia

**Patrick Henry Saddle Club Fun Show**, April 3, 50 Clover Hill Drive, Bassett, Va.

**Virginia Quarter Horse Classic**, April 7-10, Virginia Horse Center

**Sweet Briar College Annual Horse Show**, April 9, Sweet Briar College Riding Center

**Virginia Starter Horse Trials**, April 9-10, Virginia Horse Center

**Save a Horse, Taste a Bourbon fundraiser**, April 9, City Market Building, Roanoke

**Virginia Tech Western Riders Open Show**, April 10, Alphin-Stuart Livestock Teaching Arena, Blacksburg

**Show Coaching Clinic**, April 10, Spring Valley Farm, Moneta

**Hokie Hoedown Open Horse**

**Show**, April 10, Alphin Stuart Arena, Blacksburg, Va.

**Great American Trail Horse Sale**, April 15-17, Virginia Horse Center

**Virginia Presidential Paso Fino**, April 15-17, Virginia Horse Center

**Walnut Spring Stables 8th Annual Spring Fling**, April 16, Blacksburg

**Stone Bridge Equestrian Center I Horse Show**, April 16, Stone Bridge Equestrian Center, Natural Bridge, Virginia

**Roanoke Valley Pony Club Spring Frolic**, April 17, Green Hill Park Equestrian Center, Salem, Va.

**Bridgewater College and Glenmore Hunt Pony Club Horse Show**, April 17, Bridgewater College Riding Center, Weyers Cave, Virginia

**Maury River Hunter Trials**, April 24, Penmerryl Farm in Greenville, Va.

**Emily Jane Hilscher Memorial Horse Show**, April 23-24, Alphin Stuart Livestock Teaching Arena, Blacksburg, Va.

**Fleetwood Community Center Trail Ride**, April 23-24, Massie's Mill, Va.

**Old Dominion Saddlebred Futurity**, April 22-23, Virginia Horse Center

**ODRPC Dressage Rally**, April 23-24, Virginia Horse Center

**New London Horse Show Series at Coyote Crossing: Show #1**, April 23, Bedford, Va.

**Mill Creek Farm Horse Show**, April 23, Port Republic, Virginia

**Lexington Spring Premiere "AA,"** April 27-May 1, Virginia Horse Center

**BCHA Lunch & Learn**, April 30, Green Hill Equestrian Center, Salem, Va.

**New London Horse Show Series**, April 30, Bedford, Va.

## Membership Application & Renewal Form

Send newsletters via (check one): Snail Mail  Email

Name: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Name of Farm: \_\_\_\_\_

Name of Business: \_\_\_\_\_ Business Type: \_\_\_\_\_

Home/Mobile Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_

Add my e-mail to the BCHA group e-mail list for timely notifications and messages. (You may opt OUT or IN at any time.)

Riding Interests: \_\_\_\_\_ Riding Disciplines: \_\_\_\_\_

Breed Interest: \_\_\_\_\_ Number of Horses: \_\_\_\_\_

New members: How did you hear about us? \_\_\_\_\_

Current Status:  NEW MEMBER  RENEWAL

ONE-Year Membership  \$10 One Adult  \$5 Junior (under 18)  \$20 Family

THREE-Year Membership  \$25 One Adult  \$12.50 Junior (under 18)  \$50 Family

Welcome to BCHA! Send your membership form & check payable to BCHA to:

Botetourt Horseman's Association, Membership Coordinator, PO Box 282, Daleville, Va 24083.

Membership can also be paid at BCHA events as well.

## BCHA NEWSLETTER Advertising Request Form

Name: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_

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Home Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_

New advertisers: How did you hear about us? \_\_\_\_\_

<input type="checkbox"/> FULL Page — \$25 per issue + website	<input type="checkbox"/> HALF Page — \$15 per issue + website	<input type="checkbox"/> QUARTER Page - \$8 per issue + website
<input type="checkbox"/> Business Card — \$10 6 issues/1 year + website	<input type="checkbox"/> Calendar - Free	

Complete the above information, send form with ad or event details to:

BCHA, Treasurer, PO Box 282, Daleville, Va 24083 . Enclose your check made payable to BCHA.

Electronic ads and info can be sent to BCHAHorseClub@gmail.com.

THANK YOU for your support!!

# Carrot Horse Treat Recipe



## Ingredients

2 cups grated carrots (about 4 large carrots)  
2 tablespoons vegetable oil  
1/4 cup molasses  
1 teaspoon salt  
1 cup oats  
1 cup flour  
*optional:* 1/2 cup of your horses's feed or a sweet feed

- Preheat the oven to 350 degrees.
- In a large bowl mix together the carrots, oil, and molasses until combined.
- Add the salt, oats,

flour and optional feed and stir until it's combined. It will be a sticky, dough-like consistency.

- Form into small 1" size balls with your hands,

or use a small metal scoop.

- Place them on a parchment or sil-pat lined baking sheet and bake for about 20-25 minutes or until they are golden.



Heather Hilgartner, DVM Eric Hilgartner, CF

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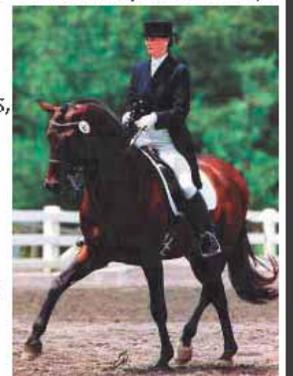
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Roanoke, VA



The Botetourt County Horseman's  
Association Board

cordially invites you to join us for  
a fun-filled weekend this fall!

## Trail riding, camping & FOOD!



Some of us are going to

### James River State Park

104 Green Hill Dr., Gladstone, Va.

**Sept. 9-11, 2016**

There are great stalls, nice camp ground sites, and wonderful trails. You can even book a cabin if you prefer not to camp. There are limited spots though, so book immediately.

If you want to come with us, make your stabling and camping registrations by calling ReserveAmerica, **1(800)933-7275** and speaking with a reservations specialist. Camping and stall cost about \$40/night. Cabins vary. After you register, let Debbie (540) 312-8393 or Dedi (540) 353-8579 know.

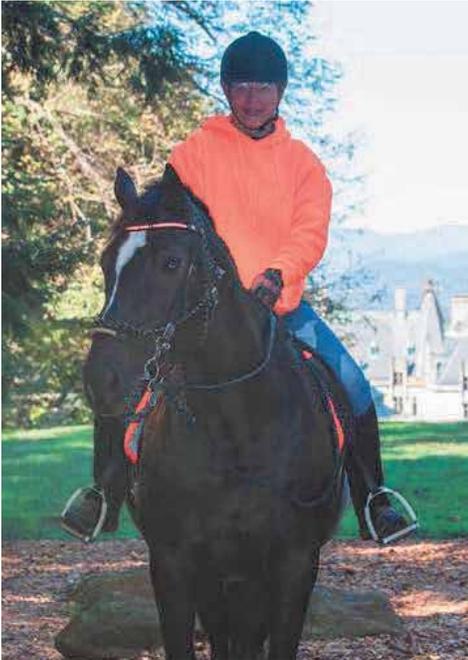
Old Dominion Chefs will be at the park that weekend as well... wonderful learning and eating opportunity.  
<http://olddominionironchefs.com>. Some of us plan to join them for dinner one night.

Those who wish to stay in a cabin/sleep in a bit, for a \$5 BCHA donation, Debbie will water and hay the horses each morning.

**Great opportunity to visit a new place with experienced trail riders. Go out on your own or ride with us.**

# PICTURE PERFECT

BCHA member photos. Want to see your horses in the newsletter?  
Email your photos to BCHAHorseClub@gmail.com



Board member Dedi Spradlin rides her mare Molly at Biltmore in North Carolina.



Board member Diane Deffenbaugh's daughter, Avery, visits with their mare Juliet after a January snowstorm.

A red sign with a white outline of a horse in a rearing position. To the right of the sign, the following text is listed:

Medical  
& Surgical  
Reproduction  
MRI  
Rehab  
Farm Calls

Dr. Wynne A. DiGrassie, DVM, MS, Diplomate, ACT, CVA  
Dr. Scott R. Reiners, DVM, Diplomate, ACVS, Diplomate ACVSMR  
Dr. Michelle Schenley, DVM, CCRP

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540-377-5700 | 1-866-905-5700

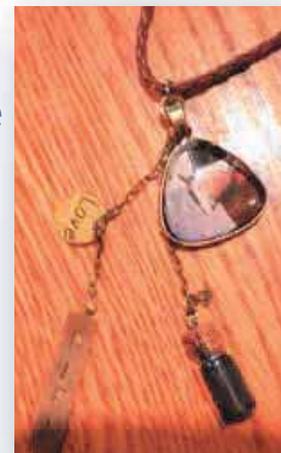
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## ADVERTISE WITH BCHA

*Advertise with us and help support the Botetourt County equine community and our non-profit organization!*

*All ads are also displayed on our website! Reach our more than 50 members with distribution in Botetourt, Roanoke, and surrounding areas! Reasonable rates!*

*See our ad form — Page 11 of the newsletter!!!*

***Attention BCHA members...***

***Volunteers make all the difference.***

***We're counting on you to make this year's events great!***

***We hope you have a few hours to spare.***

Tack Sale - March 26 - Daleville VFW

Set up & tear down...

Contact JoAnn Dester... [Whisperingoaksranch@yahoo.com](mailto:Whisperingoaksranch@yahoo.com), 540.473.1422

Lunch & Learn - April 30 - GHPEC

Set up crew 8am - 9am

Event secretaries 8:30am/12:30pm & 2:30pm/4:30pm

Lunch assistants 11am-2pm

Clean up crew 4:30pm-6pm

Set up...Friday April 29th 5pm: set up jumps & trail obstacles

Contact Jess Dahlgren... [jdahlgren@live.com](mailto:jdahlgren@live.com), 540.293.7260

Summer Evening Fun Show - July 13 - GHPEC

Set up, ribbons, ring stewards, clean up crew

Contact Debbie Mooty... [dmooty@bcps.k12.va.us](mailto:dmooty@bcps.k12.va.us), 540.312.8393

Pony Rides - Botetourt County Fair - August 6 - Buchanan

Pony walkers, booth workers, rider assistants.

Contact Debbie Mooty... [dmooty@bcps.k12.va.us](mailto:dmooty@bcps.k12.va.us), 540.312.8393

Holiday Party - December

*More details to come*



*Botetourt County Horseman's Association*

*Next meeting - March 1 - Bellacino's Daleville*

**Roanoke Valley Horse Rescue**

**Without your generosity we could not continue to help the abused and neglected horses. We sincerely thank all who give and continue to support our cause.**

**[www.rvhr.com](http://www.rvhr.com) - 540-721-1910**



*Botetourt County Horseman's Association*

*PO Box 282*

*Daleville, Va 24083*

*Mail to:*



*[www.BotetourtHorseClub.com](http://www.BotetourtHorseClub.com)*